

Speech and Language Therapy

Top Tips to Develop Language Through Pretend Play

- Pretend and imaginary play are great ways of helping children's language development.
- Use soft toys, small world play, toy animals, puppets, play food, toy tea sets, kitchens, dressing up clothes. Cardboard boxes are often the best tool for pretend play!

Activities to Try



Use the toys to have a pretend picnic, bath, tea party, go to nursery, shopping.

Tell well known stories using the puppets/toys and see if your child can tell the story with you.

- Make up simple stories see if your child can join in or copy your story or help you decide what will happen next.
- Demonstrate how a cardboard box can be used to 'be' a washing machine,
 a car, a house, a spaceship etc.
- Make the toys/puppets talk to each other.
- Make the toys do silly things!



Mime actions and make noises e.g. pretend to turn a tap on and make water noise - 'sh....'

Top tips to remember:

- Pick a quiet time when you are unlikely to be distracted.
- Turn off the television, radio etc. so you and your child can pay attention.
- Play for a short period of time & repeat often.
- Use short sentences to talk about what is happening. Try not to ask too many questions.
- Give your child praise for their ideas.
- Let your child lead the play and join in.

