

## Resources to enable early support for Speech Language and Communication Needs (SLCN)

### Advice for and parent/carers of children not accessing education setting

If the child is still attending a setting it is strongly encouraged that the setting should complete a cycle of assess, plan, do review, working in partnership with parents, as usual.

If they are not attending a pre-school setting or school, all parents/carers should be directed to the ECCH website (<https://salt.ecch.org/>) in the first instance, supported by a practitioner from any agency if possible.

If a parent/carer has concerns about their child's communication the ECCH website will direct them to either

Complete a referral if their child has a diagnosis associated with SLCN or a stammer

Or

Complete a cycle of assess/plan/do review providing guidance on how to do this.

Parents can call our advice line on 01502 719830 for support with this.

For parents and carers we refer to cycle of assess plan do or the acronym Just CHAT:

**C**heck it out - **H**ave a go - **A**sk advice - **T**ake action

As a significant number of children are currently not able to attend their setting or school we have extended the range of resources that can be used to complete a cycle of assess plan do review. These resources are more accessible for parents and carers and are free to use.

For pre-school children, as a result of the current educational provision available the Early Childhood and Family Service have extended their offer to included children who are currently not accessing a pre-school setting.

If a child is already accessing support from Speech and Language therapy; parents or professionals can contact our advice line for advice on 01502 719830 Mon – Fri 09.30 – 12.30

\*<sup>1</sup> Relevant medical diagnosis: Any formal medical diagnosis that has a strong association with speech, language and communication needs, for example Cerebral Palsy, Down Syndrome

Early Childhood and Family Service: Web → <https://www.norfolk.gov.uk/children-and-families/early-childhood-and-family-service> 0344 800 8020

Children's Speech and Language Therapy: Web → <https://salt.ecch.org/> Tel: 01493 809977

Just One Norfolk: Web → <https://www.justonenorfolk.nhs.uk/>, Tel → 0300 300 0123

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## What to do if are worried: Just CHAT

### Check it out

Check out how your child is doing? Think about which bits of communication they are good at and which bits they find difficult or you are worried about. There are some videos on our website to help you do this. They can be found in the 'How is my child doing?' section [here](#)

Make a note of how they're doing and think about the different areas of communication:

Attention and Listening, social interaction, understanding language, spoken language and speech sounds.

### Have a go

Try some of the activities on our website the focus on the skills you want to support you child with, remember it is really important to work on attention and listening skills as well as speech and language.

You need to

- 1) choose one activity from List A and at least one activity for List B;
- 2) to do these activities at least 3 times a week for a minimum of 12 weeks

Make sure you keep a record of what you do and how often. – This doesn't need to be very detailed – a form can be found here for you to use - [form](#)

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## Have a go Activities for Pre-school children

List A	List B
<p>Family Learning Online Course for families with children 0 to 4 years.  <a href="#">Norfolk County Council Family Learning</a>            Short courses: Storysacks, Food Explorers, Let's Explore &amp; Ready for School.</p>	<p><a href="#">Bounce and rhyme – library</a>  <a href="#">Join the library story times and share books with your child each day</a></p>
<p>Talking Boxes Activities:  <a href="https://www.cambscommunityservices.nhs.uk/what-we-do/children-young-people-health-services-cambridgeshire/specialist-services/childrens-speech-and-language-therapy/activities-ideas-and-info/pre-school/talking-boxes">https://www.cambscommunityservices.nhs.uk/what-we-do/children-young-people-health-services-cambridgeshire/specialist-services/childrens-speech-and-language-therapy/activities-ideas-and-info/pre-school/talking-boxes</a></p>	<p>Hungry little minds:  <a href="https://hungrylittleminds.campaign.gov.uk/">https://hungrylittleminds.campaign.gov.uk/</a></p>
<p>Speech sound skills Ultimate phonological awareness activities (children aged 3 and over only):  <a href="http://www.essexlocaloffer.org.uk/file/ultimate-guide-phonological-awareness/">http://www.essexlocaloffer.org.uk/file/ultimate-guide-phonological-awareness/</a></p>	<p>Tiny happy people activities:  <a href="https://www.bbc.co.uk/tiny-happy-people">https://www.bbc.co.uk/tiny-happy-people</a></p>
<p>Library Services School readiness activities  <a href="https://www.facebook.com/watch/NorfolkLibrariesUK/245559453485837/">https://www.facebook.com/watch/NorfolkLibrariesUK/245559453485837/</a></p>	<p><a href="https://small-talk.org.uk/">https://small-talk.org.uk/</a></p>

Before doing these please look at the strategies and ideas on the website and try and use these whenever possible. A little and often is really the best way.

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## Have a go Activities for School-aged children

List A	List B
Speech Link – Parent Portal <a href="https://speechandlanguage.info/parents">https://speechandlanguage.info/parents</a>	English at home course libraries
Language Link – Parent Portal <a href="https://speechandlanguage.info/parents">https://speechandlanguage.info/parents</a>	<a href="https://www.humber.nhs.uk/Downloads/Services/Childrens%20therapies/SLT/Language/Pack%20for%20Word%20Finding%20Vocabulary%20and%20Categories.pdf">https://www.humber.nhs.uk/Downloads/Services/Childrens%20therapies/SLT/Language/Pack%20for%20Word%20Finding%20Vocabulary%20and%20Categories.pdf</a>
Speech sound skills Ultimate phonological awareness activities (children aged 3 and over only) : <a href="http://www.essexlocaloffer.org.uk/file/ultimate-guide-phonological-awareness/">http://www.essexlocaloffer.org.uk/file/ultimate-guide-phonological-awareness/</a>	<a href="https://chatterpack.net/blogs/blog/list-of-free-speech-language-communication-and-send-resources-for-schools-and-parent-carers">https://chatterpack.net/blogs/blog/list-of-free-speech-language-communication-and-send-resources-for-schools-and-parent-carers</a>
Family Learning Online Course for families with children 4 to 12 years. <a href="#">Norfolk County Council Family Learning</a> Short courses: Family English, Storysacks for families with children aged 4 to 7 years.	BBC Bitesize website <a href="https://www.bbc.co.uk/bitesize">https://www.bbc.co.uk/bitesize</a>

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## Ask advice

Check out again how your child is doing? Think about how their communication has improved and any bits they still find difficult or you are worried about. You can use the same videos on our website to help you do this.

How's my child doing? General communication

How's my child doing? Speech sounds

If you are still worried ask advice – you can speak to any health professional, including Just one Norfolk or any education/early years professional

## Take action

Follow the advice given and continue to support your child with the strategies you have already learnt to use

If at any point you are not sure what to do please ring the advice line on 01502 719830

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